

Management of the Aging Voice: Therapeutic and Medical Interventions

Linda Bryans, MA & Joshua Schindler, MD

This presentation will provide a review of the literature in the area of age related voice changes as well as voice treatment techniques and medical interventions used to improve vocal function in the elderly. To highlight these techniques and interventions, multiple case studies will be presented.

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Describe appropriate therapy techniques used to treat the aging voice.
- Describe medical interventions used to treat the aging voice.
- Describe indications and outcomes for each intervention.

Linda Bryans, MA, is Senior Instructor at the Northwest Clinic for Voice and Swallowing at OHSU. She received her MA in Speech and Hearing Sciences from UC Santa Barbara. She has over 20 years of experience in the field of Speech Language Pathology. Linda specializes in evaluating and treating a variety of voice disorders.

Joshua Schindler, MD, is Medical Director of the Northwest Clinic for Voice and Swallowing at OHSU. In 1988, he received his medical degree from UC San Francisco. He completed fellowship training in H&N surgery at Johns Hopkins and in Laryngology at Vanderbilt University Medical Center. He is board certified in Otolaryngology-Head & Neck Surgery.